

簡莉盈



LYCHIEN@YM.EDU.TW

辦公室: 護理館 607 室



28267000~7142



FACEBOOK: LI-YIN CHIEN

關於我

我有護理及公共衛生背景，常和社區一起推行健康促進，或是說和社區玩在一起，到社區玩。研究婦幼衛生、健康促進、和整合醫療是我主要學術上的興趣。基於愛護動物，我吃素也喜歡請學生吃素。歡迎大家一起來揪我吃素。喜歡學習嘗試各種對身心健康有益的活動，像是練習氣功、芳香療法、能量治療。

社區健康照護研究所 教授

公衛所指導學生論文 (代表 5 篇)

1. 雙向涵化對台灣新移民婦女孕期和產後憂鬱的影響
2. 921 地震後二及四年國中生之心理健康
3. 慢性精神病患使用抗精神病長效針或口服藥所感受之強制程度
4. 不施行心肺復甦術對臨終醫療使用的影響
5. 穴位按摩對睡眠的影響: 系統性文獻回顧與統合分析

學歷

Johns Hopkins University MPH, ScD/ Dept. of Mental Hygiene, School of Public Health

國立台灣大學 BSc/護理

學術專長

婦幼衛生、健康促進、補充及另類醫療

代表著作 (5 篇) *表通訊作者

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3. Chen HH, Lai JCY, Hwang SJ, Huang N, Chou YJ, Chien LY*. (2017). Understanding the relationship between cesarean birth and stress, anxiety and depression after childbirth: A nationwide cohort study. Birth, 2017 Dec 44(4):369-376.
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delay. Journal of Intellectual Disability Research, 61(4):373-384.

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